



Major: **Exercise Science**
2021-2022 - Status Sheet

Minor: **Health**
Degree: **Bachelor of Science**

120 hours are required to graduate _____
36 hours of upper level are required _____

BBS.EXS-SCI
BBS.EXS-MGT
Prepared by:
Phone #:
Date:

Exit Exam: PE 462

NAME: _____

		Has		Needs				Has		Needs	
		100	300	100	300			100	300	100	300
		200	400	200	400			200	400	200	400
Gen Ed Requirements						Major Requirements					
3	ENGL 101	Composition I				Required Core					
3	ENGL 201	Composition II				2	EXS 101	The Exercise Science Major			
3	CMST 101	215 222				3	EXS 130	Basic Medical Terminology			
3	MATH: 103, 104, 114, 115, 120, 121, 123, 281					4	EXS 250/L	Human Anatomy & Physiology/Lab			
3-5	Natural Science & Lab					3	EXS 280/L	Fitness Assessment/Lab			
3-5	Natural Science & Lab					3	EXS 285	Exercise & Chronic Disease			
SOCIAL SCIENCE: take 2 courses from two different subject areas. ARTS & HUMANITIES: take 2 courses from two different subject areas (ART/H) are the same subject), or a Foreign Language Sequence						3	EXS 300	Intro to Research			
Social Science - 2 courses required						4	EXS 350/L	Exercise Physiology/Lab			
ABS 203 ANTH 210, 220, 230 CJUS 201						4	EXS 353/L	Kinesiology/Lab			
CMST 201 ECON 201, 202 GEOG 101, 200, 210, 212, 219 GLST 201 HDFS 141, 210						3	EXS 354/L	Care & Prevention of Athletic Injuries/Lab			
HIST 151, 152, 256, 257 INED 211 INFO 102						3	EXS 425/L	Exer Program for Special Populations/Lab			
NATV 110 POLS 100, 102, 141, 165, 210, 250, 253 PSYC 101 REL 237 SOC 100, 150, 151, 240, 250, 285 SUST 201 UHON 111, 210 WMST 101, 247						3	EXS 452	Motor Learning & Development			
Arts & Humanities - 2 courses required						4	EXS 454/L	Biomechanics/Lab			
ARAB 101, 102 ARCH 241 ART 111, 112, 121, 123 ARTH 100, 120, 121, 211, 212, 231, 251 CHIN 101, 102 ENGL 115, 125, 210, 211, 212, 214, 221, 222, 230, 240, 241, 242, 248, 249, 250, 256, 258, 268 FREN 101, 102, 201, 202 GER 101, 102, 201, 202 GFA 101 GREE 101, 102 HIST 111, 112, 121, 122 HUM 100 200 LAKL 101, 102, 201, 202 LATI 101, 102 MCOM 151, 160 MFL 101, 102 MUS 100, 117, 130, 131, 200, 201, 203, 240 PHIL 100, 200, 215, 220, 233, 240, 270, 287 REL 213, 224, 225, 238, 250 RUSS 101, 102 SPAN 101, 102, 201, 202 THEA 100, 131, 200, 201, 231, 270						2	EXS 462	Exercise Leadership			
Addl. hours in major/minor to meet 50% rule						3	EXS 482	Theory of Strength Training/Conditioning			
Addl. hours to meet 60 from 4-yr Inst.						2	EXS 489	Applied Human Performance			
Addl. hours to total 36 upper level						5	EXS 494	Internship			
Addl. hours to total 120						1	HLTH 251	First Aid & CPR			
Health Minor - 18 hours						3	HLTH 422	Nutrition			
3	HLTH 110	Health Concepts				Select one Specialization					
2	HLTH 201	ATOD Prevention Ed				Science Specialization = 15 hours					
1	HLTH 251	First Aid & CPR		See major		(BBS.EXS-SCI)					
3	HLTH 370	Stress Management				BIOL 101/L	Biology Survey I/Lab &				
3	HLTH 410	Current Issues in Health				BIOL 103/L	Biology Survey II/Lab				
3	HLTH 420	K-12 Mthds Hlth Instruction				8	OR				
3	HLTH 422	Nutrition		See major		BIOL 151/L	General Biology I/Lab &				
TOTALS:						BIOL 153/L	General Biology II/Lab				
						4	CHEM 106/L	Chemistry Survey/Lab			
						4	CHEM 112/L	General Chemistry I/Lab			
						3	MATH 281	Introduction to Statistics			
						3	PSYC 371	Statistics in Psychological Research			
						Management Specialization = 15 hours					
						(BBS.EXS-MGT)					
						3	BADM 334	Small Business Management			
						3	BADM 336	Entrepreneurial Studies I			
						3	BADM 370	Marketing			
						3	OE 376	Interpretive Media			
						3	Take one of the following:				
						BADM 360	Organization & Management				
						BADM 369	Organizational Behavior & Theory				
						BADM 438	Entrepreneurial Studies II				
TOTALS:						70	TOTALS:				

ID or SSN: _____